

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<b>1</b> Chair Yoga with David 11am-LTC  October Gazette Trivia Trivia Trivia 2:30pm-LTC	<b>2</b> <u>Popcorn Day-lobby</u> Catholic Mass 10am-LTC  <i>Happy Hour With David Roldan</i> 2:30pm-1DR  <small>Rosh Hashanah Begins</small> <u>Popcorn Day-lobby</u>	<b>3</b> Chair Yoga with David 11am-LTC  PT—Sassy 2:15pm-2 <sup>nd</sup> floor  Meditation 2:30pm-LTC	<b>4</b> Morn exercise Morn devotion 11am-LTC  Nail Spa 2:30pm-1DR	<b>5</b> Crafts with Ellen 2:30pm-LTC	
	<b>6</b> Family Bingo 2:30pm-LTC	<b>7</b> Coffee Clutch 11am-LTC  It's All About Floyd 2:30pm-LTC	<b>8</b> Chair Yoga with David 11am-LTC  Bunco 2:30pm-LTC	<b>9</b> <u>Popcorn Day-lobby</u> Cooking Class 11am-LTC  Resident Council 2:30pm-LTC	<b>10</b> Chair Yoga with David 11am-LTC  PT—Sassy 2:15pm-1st floor  Fall Fest games 2:30pm-LTC	<b>11</b> Independent Activity carts 10-5pm  <small>Yom Kippur Begins</small>	<b>12</b> Crafts with Ellen 2:30pm-LTC
	<b>13</b> Family Bingo 2:30pm-LTC	<b>14</b> Independent Activity carts 10-5pm  <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small>	<b>15</b> Chair Yoga with David 11am-LTC  Independent Activity carts 2-5pm	<b>16</b> <u>Popcorn Day-lobby</u> Catholic Mass 10am-LTC  <i>Piano music with Cleo</i> 2:30pm-2DR  <small>Sukkot Begins</small>	<b>17</b> Chair Yoga with David 11am-LTC  PT—Sassy 2:15pm-2 <sup>nd</sup> floor  <i>Music by JT</i> 2:30pm-1DR	<b>18</b> Morn exercise Morn devotion 11am-LTC  Nail Spa 2:30pm-1DR	<b>19</b> Crafts with Ellen 2:30pm-LTC
	<b>20</b> Family Bingo 2:30pm-LTC	<b>21</b> Coffee Clutch 11am-LTC  The Best Trivia Book 2:30pm-LTC	<b>22</b> Chair Yoga with David 11am-LTC  Pumpkin Decorating 2:30pm-1DR	<b>23</b> <u>Popcorn Day-lobby</u> Shawn Song 11am-LTC  <i>Music by David Blixt</i> 2:30pm-2DR	<b>24</b> Chair Yoga with David 11am-LTC  PT—Sassy 2:15pm-1st floor  Pumpkin Decorating 2:30pm-LTC  <small>Simchat Torah Begins</small>	<b>25</b> Morn exercise Morn devotion 11am-LTC  <i>It's all about Floyd</i> 2:30pm-1DR	<b>26</b> Bunco with Carol 2:30pm-LTC
	<b>27</b> Family Bingo 2:30pm-LTC	<b>28</b> Coffee Clutch 11am-LTC  Who What Where Trivia 2:30pm-LTC	<b>29</b> Chair Yoga with David 11am-LTC  Edgar Allen Poe Spelling Bee 2:30pm-LTC	<b>30</b> <u>Popcorn Day-lobby</u> Halloween Stories 11M-LTC  Movie: Halloween Cheese popcorn 2:30pm-LTC	<b>31</b> Chair Yoga with David 11am-LTC  PT—Sassy 2:15pm-2 <sup>nd</sup> floor  <i>Halloween Party with The Keys</i> 2:30pm-1DR  <small>Halloween</small>	 <p>Happy All Hallow's Eve <i>Give me your treats!!</i> 1DR - 1<sup>st</sup> floor dining room 2DR - 2<sup>nd</sup> floor dining room LTC -Long-Term Care PT - Pet Therapy</p>	